

Name: _____

Nurse Assistant

Directions:

Evaluate the student by entering the appropriate number to indicate the degree of competency.

Rating Scale (0-6):

- 0 No Exposure** – no experience/knowledge in this area; program/course did not provide instruction in this area
1 Unsuccessful Attempt – unable to meet knowledge or performance criteria and/or required significant assistance
2 Partial Demonstration – met some of the knowledge or performance criteria with or without minor assistance
3 Knowledge Demonstrated – met knowledge criteria without assistance at least once
4 Performance Demonstrated – met performance criteria without assistance at least once
5 Repetitive Demonstration – met performance and/or knowledge criteria without assistance on multiple occasions
6 Mastered – successfully applied knowledge or skills in this area to solve related problems independently

NOTE: The code in parentheses is the competency identification number used in computerized management systems.

☐ The student has successfully completed the Health Care Assistant Core Competencies.

0	1	2	3	4	5	6	A. Introduction to Nursing	Notes:
							1. Define the role of a nurse assistant in acute, long-term and home health care. (A001)	
							2. Identify health care team members and each of their roles. (A002)	
							3. Organize workload and prioritize tasks. (A003)	
							4. Follow a chain of command. (A004)	
							Other:	

0	1	2	3	4	5	6	B. Employment	Notes:
							1. Describe the job search process. (B001)	
							2. Identify requests that are beyond the nurse assistant's training. (B002)	
							3. Implement techniques to manage stress. (B003)	
							Other:	

0	1	2	3	4	5	6	C. Interpersonal Relationships and Communication Skills	Notes:
							1. Participate as a team member. (C001)	
							2. Provide quality health care. (C002)	
							3. Exhibit sensitivity to the diversity of others. (C003)	
							4. Exhibit tolerance to challenging clients and/or families. (C004)	
							5. Exhibit sensitivity to clients' and/or families' pain and loss. (C005)	
							6. Communicate pertinent information at the shift change. (C006)	
							7. Chart observations and procedures. (C007)	
							8. Recognize and report incidents. (C008)	

								9. Complete incident reports. (C009)	
								10. Reinforce client teaching identified on the care plan. (C010)	
								11. Maintain client confidentiality. (C011)	
								Other:	

0	1	2	3	4	5	6	D. Safety	Notes:
							1. Follow OSHA guidelines. (D001)	
							2. Respond appropriately to hazards and home safety concerns. (D002)	
							3. Respond appropriately to community emergencies. (D003)	
							4. Review the home safety plan with the client and others providing care in the home. (D004)	
							5. Carry out the home safety plan if an emergency occurs during the home visit. (D005)	
							6. Apply CDC isolation precautions to client situations. (D006)	
							7. Use physical crisis intervention. (D007)	
							Other:	

0	1	2	3	4	5	6	E. Personal Care	Notes:
							1. Maintain hearing aids. (E001)	
							3. Maintain eyeglasses. (E003)	
							4. Place and remove eyeglasses. (E004)	
							5. Assist clients to dress. (E005)	
							6. Assist clients to undress. (E006)	
							7. Give a complete bed bath. (E007)	
							8. Give a tub bath. (E008)	
							9. Give a whirlpool tub bath. (E009)	
							10. Give a shower bath. (E010)	
							11. Shave the client with a safety razor. (E011)	
							12. Shave the client with an electric razor. (E012)	
							13. Comb or brush hair. (E013)	
							14. Give a shampoo during a tub bath or shower bath. (E014)	
							15. Give a bed shampoo. (E015)	
							16. Assist with oral hygiene for a conscious client. (E016)	

								17. Provide flossing of teeth. (E017)	
								18. Administer oral hygiene to helpless or unconscious clients. (E018)	
								19. Provide denture care. (E019)	
								20. Give fingernail care. (E020)	
								21. Give toenail care. (E021)	
								22. Give perineal care to a female client. (E022)	
								24. Give perineal care to a client with a catheter. (E024)	
								Other:	

0	1	2	3	4	5	6	F. Restorative Nursing	Notes:
							1. Assist or raise a client's head and shoulders. (F001)	
							2. Move helpless client to the head of the bed. (F002)	
							3. Move or assist client to the head of the bed. (F003)	
							4. Move a client to one side of the bed. (F004)	
							5. Turn client to his or her side. (F005)	
							6. Turn client to a prone position. (F006)	
							7. Transfer a client from bed to chair. (F007)	
							8. Transfer a client from chair to bed. (F008)	
							9. Transfer a client using a mechanical lift. (F009)	
							10. Transfer a client from bed to gurney. (F010)	
							11. Transfer a client using a three-person carry transfer. (F011)	
							12. Transfer a client using a two-person sitting transfer. (F012)	
							13. Ambulate client with a gait belt. (F013)	
							14. Ambulate client who is using a walker. (F014)	
							15. Ambulate client who is using a cane. (F015)	
							16. Ambulate a client who is using crutches. (F016)	
							17. Perform range of motion exercises. (F017)	
							18. Assist with active range of motion exercises. (F018)	
							Other:	

0	1	2	3	4	5	6	G. Nutrition	Notes:
							1. Prepare a client for a meal. (G001)	
							2. Distribute trays, assisting with tray set-up. (G002)	
							3. Feed a helpless client. (G003)	
							4. Modify feeding techniques as appropriately for a client's condition. (G004)	
							5. Distribute drinking water. (G005)	
							6. Measure and record intake and output. (G006)	
							7. Convert household measurements to metric equivalents. (G007)	
							8. Convert a measurement of pounds into kilograms and one of kilograms into pounds. (G008)	
							9. Convert a measurement of inches into feet and inches and one of feet and inches into inches. (G009)	
							10. Measure client's weight and height. (G010)	
							11. Measure weight and length of infant. (G011)	
							Other:	

0	1	2	3	4	5	6	H. Special Procedures	Notes:
							1. Assist client with a urinal. (H001)	
							2. Assist client with bedpan. (H002)	
							3. Change urinary drainage bag. (H003)	
							4. Change adult incontinent brief. (H004)	
							5. Administer unmedicated enemas. (H005)	
							6. Change ostomy bag. (H006)	
							7. Collect a midstream clean-catch urine specimen. (H007)	
							8. Collect a 24-hour urine specimen. (H008)	
							9. Collect a sterile urine specimen from a catheter. (H009)	
							10. Collect a stool specimen. (H010)	
							11. Collect a sputum specimen. (H011)	
							12. Apply warm, moist compress. (H012)	
							13. Apply warm water bottle. (H013)	
							14. Apply aquathermia pad. (H014)	
							15. Apply ice bag or ice cap. (H015)	
							16. Perform clean, nonmedicated dressing changes. (H016)	

							17. Give pressure ulcer care. (H017)	
							18. Perform post-mortem care. (H018)	
							Other:	